

Community Builders Activities

Template created by KCPHD

Instructions: Please provide a brief summary of progress made for each activity below for the CURRENT REPORTING QUARTER. This summary should include key

	Q1 2026	Q2 2026	Q3 2026	Q4 2026
Elect youth board of directors	We have an alumni, Shasta Marion running the youth board. She is meeting monthly with them.	The Youth Board has experienced challenges finding a meeting time that accommodates all members' schedules. To ensure youth continue to have meaningful opportunities to share their ideas and provide input, we have temporarily shifted our focus back to conducting listening sessions during regular Teen Center programming. These sessions have allowed us to gather valuable feedback from a broader group of participants, helping guide program planning and ensuring youth voices remain at the center of our decision-making.		
Schedule youth board meetings	Youth Board meetings are once per month.	Listening sessions are held twice each month during regular Teen Center programming. These sessions provide youth with consistent opportunities to share feedback, identify emerging needs, and offer ideas for programs and activities. The information gathered is used to help guide program planning and ensure services continue to reflect the interests and needs of participating youth.		

	Q1 2026	Q2 2026	Q3 2026	Q4 2026
Develop monthly prevention activities schedule	Prevention activities are schedule for each month and our summer programming will begin in June.	Community Builders has continued to develop and offer a monthly prevention event designed to engage youth in positive, substance-free activities while promoting protective factors, healthy relationships, and resilience. These events provide opportunities for youth to build social connections, develop life skills, and strengthen their sense of belonging in a safe and supportive environment. Attendance and participant feedback continue to guide the planning of future prevention activities to ensure they remain relevant and engaging for local youth.		
Drug free youth retreat	This was renamed the Teen Wellness Retreat by the youth participants. It is scheduled for April 10-12, 2026.	The annual Drug-Free Retreat was renamed the Teen Wellness Retreat based on feedback from participating youth, reflecting their desire for a more inclusive and wellness-focused approach. The retreat was held in April at Camp Koinonia and was attended by 34 youth. Participants engaged in breakout sessions focused on wellness and prevention, took part in a talking circle to build connection and peer support, heard a recovery speaker share their personal journey around the campfire, and participated in recreational activities that promoted resilience, healthy decision-making, and positive relationships. The retreat provided a safe, supportive environment where youth could strengthen coping skills, build community, and increase awareness of behavioral health and substance use prevention.		

	Q1 2026	Q2 2026	Q3 2026	Q4 2026
Work with Cascade Prevention Coalition to implement and promote prevention campaigns	We helped promote Guiding Good Choices and had 5 families participate in this prevention campaign. We also have a medication take back and paper shredding event scheduled for May.	Community Builders continued to partner with the Cascade Prevention Coalition to implement and promote evidence-informed prevention campaigns throughout the reporting period. Through this collaboration, prevention messaging was shared with youth and the broader community using social media, community events, and Teen Center programming. Community Builders and the Cascade Prevention Coalition also partnered at the Celebration of Student Learning hosted by the Cle Elum-Roslyn School District, providing prevention education, connecting with youth and families, and increasing awareness of available behavioral health resources. These collaborative efforts reinforced healthy decision-making, promoted positive, substance-free lifestyles, and strengthened community-wide prevention initiatives while expanding the reach of consistent, youth-focused prevention messaging.		
Staff training for suicide screening	3 have been trained.	No new updates. Current staff have received training		
Staff training in trauma informed care	3 have been trained.	No new updates. Current staff have received training		

	Q1 2026	Q2 2026	Q3 2026	Q4 2026
Implement prevention activities	<p>January: Focus on self care for the teens, they made sugar scrubs and essential oil rollers. February: The teens planned a Valentines Party with 509Teens. March: Shamrock Shakedown, games and snacks with a St. Patricks Day green theme. Groups have been focusing on random acts of kindness.</p>	<p>"Community Builders continued to implement a variety of prevention-focused activities that promoted positive youth development, healthy relationships, and community engagement. In April, youth participated in a Flashlight Easter Egg Hunt featuring team activities and prize giveaways. In May, participants created homemade sugar scrubs and essential oil rollers as Mother's Day gifts and took part in the Seeds for Seniors project by preparing flower seed packets and greeting cards for residents at the local senior center, encouraging kindness and intergenerational connection. Staff and youth also participated in the Celebration of Student Learning, strengthening community partnerships and increasing awareness of available youth services.</p> <p>In June, Community Builders hosted a Summer Kick-Off BBQ to celebrate the beginning of summer break, held a tie-dye event that encouraged creativity and peer connection, and recognized graduating seniors with a special send-off celebrating their accomplishments and future goals. These activities provided youth with safe, substance-free opportunities to build resilience, strengthen social connections, and foster a sense of belonging within the community."</p>		

Successes

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Instructions: Please provide a brief summary of successes you've seen during the CURRENT REPORTING PERIOD. This summary should include key points, stay on topic, and be simple enough for those who arent familiar with your project to understand. Each success needs to have its own cell.

Q1 2026

Q2 2026

Q3 2026

Q4 2026

Q1 2026	Q2 2026	Q3 2026	Q4 2026
We had well attended prevention events, listening sessions are going well, support groups and our daily attendance has improved since the winter. The kids are really leaning into the random acts of kindness campaign and are being more mindful about watching for kind acts and doing kind acts.	Youth participation remained strong throughout the quarter, with consistent attendance at The Shop Teen Center and support groups, demonstrating the ongoing need for safe, positive spaces for local youth. Peer support groups continued to provide a welcoming environment where youth built resilience, developed healthy coping skills, and strengthened positive connections with one another. Community partnerships remained strong, allowing us to collaborate with local schools, behavioral health professionals, volunteers, and community organizations to expand support for youth and families. The Shop continued to offer free, accessible programs and activities that promoted healthy choices, positive relationships, and youth engagement in a safe, supportive environment. Youth demonstrated increased leadership and community involvement by participating in service activities, including random acts of kindness, and helping create a culture of support and belonging within the program.		

Challenges

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Q1 2026	Q2 2026	Q3 2026	Q4 2026
We have had challenges finding funding to provide food for the support group attendees. Another issue has been transportation. We have even reached out to the Hein Legacy Foundation who is looking into transportation barriers in Upper Kittitas County along with HopeSource.	Funding uncertainty continued throughout the quarter, requiring careful financial planning to ensure youth services could continue while long-term funding solutions were pursued. Serving youth across a large rural geographic area continued to present transportation and access challenges, making it difficult for some participants to attend programs consistently. As participation in programs and support groups continued to grow, balancing increased demand with available staff, volunteers, and financial resources remained an ongoing challenge.		

Output Data

Template created by KCPHD

Instructions: Please provide updated numerical data for each of the following outputs for THE CURRENT QUARTER. Please do not use a year to date count; this will be automatically totalled in column F.

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Total to date	Average
Number of people exposed to/number of public awareness campaigns and messages	250-300	250			250	250
Number of individuals who have demonstrated improvement in knowledge, attitudes, or beliefs related to prevention and/or promotion	7	54			61	30.5
Percentage of individuals who have demonstrated improvement in knowledge, attitudes, or beliefs related to prevention and/or promotion	25%	85%				0.55
Number of individuals trained in prevention or behavioral health promotion	3	0			3	1.5
Number of youth participants in prevention programs	63	71			134	67
Number of individuals referred to crisis or other behavioral health services for suicide risk, ideation or behavior	3	5			8	4
Number of individuals trained in prevention or behavioral health promotion	3	0			3	1.5
Number of individuals trained in trauma-informed care practices	3	0			3	1.5

	Q1 2026	Q2 2026	Q3 2026	Q4 2026	Total to date	Average
Number of youth participants in prevention services	25	54			79	39.5